# West Vancouver Little League

Farm Division Week 4

Theme: Decision making

## Hitting Station Format (All Weeks)

- Each player gets 8 swings
- On swing #8 → run hard to first base (hit or miss)
- Keep pace high, next hitter ready
- Cues: Ready early, watch the ball, run it out

## Partner Catch (Players Together)

- Players pair up (no parents needed)
- Start close (8–12 ft), step back as ready
- Every throw uses: Point, Knock, Throw
- Focus on hitting partner's chest
- Quick catch → throw back

## Stations

## Machine Hitting

- Ready early

## Field + Throw

- Make correct throw

## Fly Ball + Throw In

- Catch and throw

## Partner Catch

- Accuracy challenge