



## **West Vancouver Little League Intermediate Division Rules (Ages 12–13)**

### **Equipment and Safety**

- Players must arrive in full uniform: jersey tucked in, hat, pants, belt, socks, and cleats. Shorts are not permitted.
- A protective cup or Jill is required for all practices and games.
- Batting helmets must be worn at all times when batting, running the bases, or coaching bases.
- Catchers must wear full protective gear, including a throat guard.
- Only USA Baseball–approved bats are permitted for regular Little League play.
- USSSA bats may be permitted when playing interlock or tournament games, depending on the opposing league's rules.
- It is the coach's responsibility to confirm bat eligibility before each game.
- No metal cleats are allowed.

### **Practice Procedures**

- Players arrive 15 minutes before practice, ready to participate.
- Players handle dragging, raking, and setting bases.
- Coaches run warm ups.
- Rain Policy: Practices run rain or shine. If weather prevents field use, practice will be adapted to available conditions.

### **Game Procedures**

- Players arrive 1 hour before games.
- Home team is responsible for setup before the game and takedown afterward.
- Players handle dragging, raking, and bases.
- Coaches handle chalking. Coaches run warm ups.
- Rain Policy: Games run rain or shine unless conditions make the field unsafe. If a home game is canceled, it converts to practice.

### **Game Rules**

- Games follow Little League Intermediate rules.
- Bases are set at 70 feet. Pitching distance is 50 feet.

- Continuous batting order is used.
- Standard 9 defensive players are used.
- Stealing and lead-offs are permitted.
- Balks are called at this level.

## **Pitching**

- Pitching distance is 50 feet.
- Little League pitch count rules apply for this age group:
  - 66+ pitches – 4 days rest
  - 51–65 pitches – 3 days rest
  - 36–50 pitches – 2 days rest
  - 21–35 pitches – 1 day rest
  - 1–20 pitches – 0 days rest
- New pitchers may throw up to eight warm up pitches (or one minute). Returning pitchers between innings may throw up to five warm up pitches.

## **Responsibilities**

### **Player Responsibilities**

- Arrive on time and be ready to play. Players are expected to be held accountable for their own schedules.
- Communicate directly with coaches about absences, lateness, or injuries.
- Phones and devices must be put away during all practices, warm ups, and games. Players are expected to stay focused and engaged with their team.
- Respect teammates, coaches, umpires, and opponents at all times.
- Keep the dugout and stands clean after every game. A good team leaves the field cleaner than they found it.
- Players are dismissed only after the field has been put to rest and the post game team meeting has finished. This may take 10 to 15 minutes after the scheduled end time.
- Control temper. Swearing, throwing equipment, or disrespectful behavior may result in removal from the game or suspension.

### **Coach Responsibilities**

- Provide clear expectations and consistent opportunities for player development.
- Treat umpires, players, and parents with respect and handle disagreements calmly.
- Enforce discipline and sportsmanship, holding players accountable for effort, attitude, and respect.
- Communicate directly with players and parents, addressing concerns privately after games or practices.
- Submit pitch counts to the Player Agent after each game to ensure accurate tracking of player workload and compliance with Little League pitch count rules.

### **Parent Responsibilities**

- Support players by encouraging effort, sportsmanship, and commitment.
- Stay in the stands and do not enter the dugout or field.
- Avoid coaching from the stands. Allow players to make decisions on the field and coaches to instruct

from the dugout.

- Direct questions or concerns to coaches privately after practices or games.
- Model positive behavior toward umpires, players, and coaches.
- The 24-Hour Rule: If a parent has a concern or disagreement regarding a game, lineup, or coaching decision, please wait at least 24 hours before contacting the coach. This allows time for reflection and ensures discussions remain calm and constructive.
- Support coaches in assigning positions, especially for new players building confidence.
- All league and team messages are sent through TeamSnap email. Parents are responsible for checking messages and contacting the coach if they are not receiving updates.